

Michele Faia Classes & Workshops

SYLLABUS

WATERCOLOR HEART MANDALAS

6 Thursdays, JANUARY 9 – FEBRUARY 13, 2025 12:30-3:00 PM

Let's make Valentine Mandalas for ourselves! Emphasizing the fun and playfulness of free and flowing watercolor, this class is designed to make learning easy and an expression of love and healing for your heart. What does your heart need? We'll make a valentine for it. We can create valentine mandalas for any reason, for any person!

It is the intelligence of the heart that offers humanity total healing and total connection with the dimensions and the stars. -Peggy Black

Have fun, play, keep it simple and ask for help!

email: mandalas@michelefaia.com www.michelefaia.com call/text: (831)713-9312



CLASS #1:
Create a Valentine for yourself.
What does your heart need right now?



CLASS #2:
Let's draw and paint a Torus —
the energetic field around your heart.



CLASS #3:
Loving Your Heart
Create a mandala of your heart surrounded with images which feel soothing, comforting & healing to you.



CLASS #4:
Create a mandala of joy, appreciation or gratitude, which are the tools for transformation of the heart.



CLASS #5:
Show your heart's connection to the Stars and Heavens in a Mandala.



CLASS #6:
Create a mandala of how you share your heart with the world.
We will create a Nature Mandala on the last day of class and exchange valentines with someone whose name you drew.